I have a disability



Carers and Disability Link has been providing high quality, reliable and responsive services to people with disability since 2002. In our eyes, everyone is unique and as such the supports we provide are focussed on each individual and their needs.

We are registered to provide supports for National Disability Insurance Scheme (NDIS) participants, including support with personal activities, social and community participation, life skills, household tasks and transport, as well as Support Coordination and Plan Management.

We also accept referrals from Disability SA, other Disability Services, or directly from the person with a disability, their families or carers. Anyone with, or affected by disability can contact us for support, services and information.

Call us when you have your NDIS plan, if you need help with your plan, or just to see how we can assist.

Where to find us

Barossa & Districts

15 Second St, Nuriootpa SA 5355 Phone: 08 8562 4000 Barossa@cadl.support

Yorke Peninsula

Shop 3, 21 Frances St, Kadina SA 5554 Phone: 08 8821 2444 Yorke@cadl.support

Adelaide Hills

39 Onkaparinga Valley Rd, Woodside SA 5244
Phone: 08 8389 7383
Woodside@cadl.support

Fleurieu (Tues, Weds, Thurs)

7 Catherine St, Strathalbyn SA 5255

Phone: 08 8549 1299

Strath@cadl.support



Together, we link **people with disabilities, carers** and **the aged**, with care and support services through flexible and inclusive choices within **our local community**.



Who Are We?

Carers and Disability Link is a highly respected, quality community service provider. We actively empower carers, the aged, and people with a disability to live enriched lives, through individualised support and service provision.

We are committed to walking with and alongside the people we serve, to develop strong positive regional communities.

To do this

- * We support you in shaping your own destiny, respecting your choice and control.
- Our relationships are based on empathy, self-determination and empowerment, integrity, inclusiveness, and responsiveness.
- * We work closely with other providers in our communities.
- * We are accountable to our communities for achieving the best possible outcomes for all.

I cannot recall how many times I have been told, "Just knowing you are there is what gets me through". This is music to our ears as we then know what we are doing is right – that we are listening to you, that we are walking alongside you and are there when YOU need us and in ways that YOU direct, that you are comfortable in asking for our support and spending time with our staff and volunteers, that we are providing the right support for you with the right people for you, and most importantly that we are reliable, trustworthy and inclusive.

- Vicki Williamson CEO

l am a Carer



At Carers and Disability Link, we understand that caring for someone with a disability or illness, or who is frail aged, although rewarding, can also be hard work.

As a Carer, it's so easy to focus all of our attention on the person we care for and not leave enough time or energy to care for ourselves.

We support Carers of all ages, including Young Carers, by providing a listening ear, connection with Carers in similar situations, information and resources, liaison with relevant community groups and service providers, and opportunities to learn, socialise, and relax through support groups, retreats, forums, events and outings for Carers.

What's your story? How can we be there for you? Call us. We can come to you or you can visit one of our local centres

I am over 65

'People who need people ...' is more than just a phrase from a popular song. Having friends and outside interests can make a difference in living healthier lives and feeling more settled and positive'.

At Carers and Disability Link, we offer a variety of interesting and meaningful Social Support Groups for the over 65's, as well as respite for people who are caring for someone who is over 65, frail aged or living with dementia.

Our Social Support programs are available throughout the Barossa Valley and surrounding districts, and Yorke Peninsula.

Why not give us a call? It may be just what you are looking for.



Call us today and see how, together, we can make a difference in your life.

WWW.CADL.support