



Insect Board Game created during the program with hand painted stones.



Gumboot Planters created by the group



making silk scarfs

If you would like to attend this program please call 'Carers and Disability Link' or contact the 'My Aged Care' contact centre on 1800 200 422 or website [www.myagedcare.gov.au](http://www.myagedcare.gov.au).  
  
Request a referral to the 'Carers and Disability Link, Barossa - Centre Based Respite Program'.  
  
For assistance with a 'My Aged Care' referral please call our office on 8562 4000.

Email: [barossa@cadl.support](mailto:barossa@cadl.support)



# Nurturing Nature Program

For Over 65's



**MONDAY MORNING  
MENS GROUP**  
  
**WEDNESDAY MORNING  
LADIES GROUP**

The village landcare program operating at the Barossa Bushgardens engages older people with socially valued activities such as nursery skills, education, arts in nature and social interactions.

This is a very unique program to the Barossa District designed specifically for seniors to enjoy.

Activities are conducted by a qualified Bushgardens Tutor with the support and assistance of Carers and Disability Link Contractors, Staff and Volunteers.

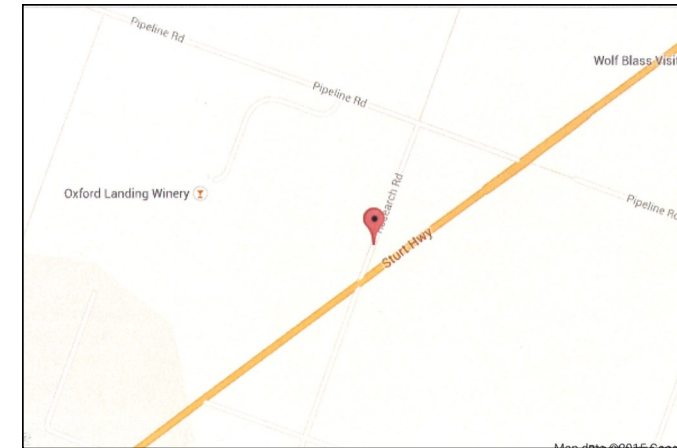
Participants are able to share meaningful activities and friendships in a positive and safe environment.



## Activities Include:

- ◆ Planting seedlings
- ◆ Nature walks
- ◆ Arts in nature activities
- ◆ Garden design
- ◆ Care of plants
- ◆ Nursery skills
- ◆ Education
- ◆ Fun, Fresh air, Fellowship

Our program is located at:



**653 Research Road, Nuriootpa SA**

**Carers and Disability Link** supports people who are caring for a family member or friend who has a disability, illness or is frail aged.

